

Who is Eligible to attend

Individuals who are eligible to participate in the GCC program include adults diagnosed with a mental illness and/or with a developmental disability, who can function independently with minimal supervision. All participants are required to be self-sufficient, unless accompanied by an attendant. It is recommended that all participants be under the ongoing care of a doctor, licensed clinician, and/or case manager, for GCC's services are supportive in nature and not primary treatment. Applicants must be at least 18 years old to enroll in the program.

How to Enroll in the Program

New participants are required to complete a personal information and release of information form upon entering the program, which enables the Grace staff to contact referring clinicians to determine the individuals eligibility. Our staff will subsequently assess the individual's appropriateness for the program. New participants are then provided a tour, and a review of the rules and regulations of participation in the GCC program. There is a one time membership card fee of \$2.00. After enrolling in the GCC program, the participant is welcome to any and all activities offered at the Center.



Grace Community Center



The only therapeutic recreation center of its kind in Santa Clara County, serving the Social, Recreational, and Therapeutic needs of adults with mental disabilities.



GRACE COMMUNITY
CENTER
484 E. San Fernando
Street, San Jose, CA.
95112

In the late 1960's State of California deinstitutionalized psychiatric patients living in state mental institutions, which resulted in an influx of adults with mental disabilities to Santa Clara County. In turn, the county was faced with the responsibility of providing services for the thousands of adults with mental disabilities. While board and care homes provided housing, and local mental health clinics provided basic outpatient care, no day programs existed to support and structure the individuals daily living routine. Recognizing the growing need for day services and activities for these individuals, the Grace Baptist Church, in collaboration with the City of San Jose and the County of Santa Clara, open its doors to provide therapeutic recreation and social services to adults with mental disabilities in the local downtown area of San Jose. The program, now known as Grace Community Center, has subsequently expanded to serve individuals with mental disabilities throughout Santa Clara County, and the Greater South Bay Area.



What is GCC?



Grace Community Center (GCC) is a comprehensive therapeutic recreation, day rehabilitation, and socialization program, serving adults with serious mental illness and/or developmental disabilities. This program is the only community based social, recreation, therapeutic, and educational program of its kind in Santa Clara County. GCC's program is the result of a unique partnership between the City of San Jose's Department of Parks, Recreation, & Neighborhood Services and Santa Clara County's Mental Health Department. At GCC, people who would otherwise be isolated, or be at high risk for hospitalization, are provided a safe, creative, and stimulating environment to participate in a variety of therapeutic, educational, and culturally diverse programs. Serving up to 120 participants each day, GCC operates out of the basement of the Grace Baptist Church, as well as a beautiful Victorian house located two doors down from the community center, where several GCC's specialized programs are conducted.

Grace's Mission

Grace Community Center is committed to providing a diverse program focusing on therapeutic recreation day rehabilitation and socialization. The multi disciplinary staff at Grace are committed to enriching and augmenting the lives of their participants. The primary goals of the program are to provide recreational, educational, and social counseling through a multifaceted program which provides for and targets the development of social support and life skills. In order to achieve this Grace utilizes a unique and vast array of clinical, therapeutic, and social approaches that give the participants a greater sense of self-esteem and self awareness.

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